



November 2009

From the Desk of

Rev. Chuck

Unity Church of Bakersfield
1619 E Street, Bakersfield CA 93301

www.ucob.org

Church: 661-327-8614 or

Home Office: 661-391-0302

Dear Friends,

I am reminded of what Charles Fillmore had to say about Thanksgiving. In The Revealing Word he wrote *“Thanksgiving will keep the heart fresh; for true thanksgiving may be linked to rain falling upon ready soil, refreshing it and increasing its productiveness.”* If holding thanksgiving in one’s heart is the rain, then praise is the fertilizer that feeds and nourishes the fruit of our labors.

The dictionary defines praise as an act of making positive statements about a person, object or idea. When we attach praise to the act of thanksgiving we increase our manifestations of good one-hundred fold.

During the month of November, we will be celebrating Thanksgiving with millions of other people across the USA. It’s a day that has been set aside to contemplate and give thanks for our blessings. How many of us will include a praise statement with our comment on being thankful?

In Unity we teach that using affirmations in our daily lives helps us to bring forth the positive attributes of our thoughts, ideas, and demonstrations. Praise is a form of affirmation. Think about it. What did it feel like when someone offered you a statement of praise? If we are like most people, it made us feel good in a way nothing else could at the time.

Science has shown that when you talk in a positive tone to your plants, they respond with greater growth and abundance. Why? Because praise is a form of energy that encourages growth. As we give praise for the ideas that spring forth from our minds, we find that more ideas emerge. Whenever praise is used, growth follows in some form or another.

Charles Fillmore wrote in Dynamics for Living that *“When we praise the richness and opulence of God, our minds are open to increased*

mental activity. Everything we praise is then transformed according to our ideals. That which once seemed impossible is now possible and that which seemed unmanageable is now manageable.”

No matter what life hands to us, we can always find something to be thankful for and to give praise. No one leaves this life without some trials and tribulations. They are the things that remind us of what we don’t want to manifest in our lives. Ironically, they are the very things we give thanks for having in our lives so we can learn and grow spiritually.

This month, KD and I will be celebrating Thanksgiving a little differently than in the past. She will still be in recovery from knee surgery, and as everyone who has had surgery knows, it can be a challenge during the healing process. However, we have decided to praise the pain for it is an indicator that healing is taking place, and we will give thanks for the body’s ability to heal in the right and perfect time.

I will be giving thanks for the support I have so that I can be with KD the first week after her surgery. I praise everyone who attends church on Sundays to support me and this ministry. I give thanks for those who share their financial gifts so the bills can be paid and the doors can stay open. I praise all who give of their time, talents, and treasure for it takes many people with different gifts to create a ministry. I give thanks for everyone who stands up and stands in when there is a need—praising your willingness and selflessness to serve so that I can do the things I need to do as the spiritual leader of this ministry.

With praise and thanksgiving, I wish everyone a blessed Thanksgiving Day celebration every day of your life.

Abundant Blessings!
Rev. Chuck

Thanks to all of you who continue to share your financial gifts to keep us thriving!