



November 2010

From the Desk of Rev. Chuck

Unity Church of Bakersfield
1619 E Street, Bakersfield CA 93301

www.ucob.org

661-327-8614

Dear Friends,

November is the month in which we join together with our families and give thanks for the blessings that we have shared over the past year.

While waiting in line Target the other day I overheard a couple arguing over what they will be doing for Thanksgiving. "It's the same old thing every year," he told her. "Your father comes over, gets drunk, yells at everyone, and then passes out for hours."

"Well, your family isn't any better," she responded. "Your mother thinks she needs to control everyone and everything in sight. I'm tired of being put down by her remarks on how I do things in my own home."

As I'm standing in line I started to look back over all the Thanksgivings I had been a part of over the years. Yes, some were great and then others were not so great. Especially when I was away from family during my time in the Army serving overseas in Germany and then Vietnam.

The original idea of Thanksgiving was to set aside one day each year when our attention, focus, and attitude of mind could be centered counting the blessings of divine providence.

As children of God we are told that it is our Father's good pleasure to give us the kingdom. That whatever we may need it has already been provided for. All we need to do is bless it and claim it.

What blessings have you had this year? What experiences have you encountered that turned out to be blessings in disguise? Who in your life has been the greatest blessing of all?

For me, I have discovered that the greatest blessing I can have is the relationship I have with God. It has been said that all relationships are practice for your relationship with God, for God exists in every human heart. Look at your husband, wife, partner, children, friend, co-

worker, all the people you have a close relationship. Ask, "What is the blessing in our relationship? What have I done to allow the presence of God to be seen in them, through them?"

As I look back at all my relationships that have had the greatest impact on me as an individual, I can truly say that because of them I have been blessed beyond measure. I know more about myself than I ever had. I've grown into a greater awareness of the spiritual aspects of that have helped me gain new insights in how to apply the spiritual principles in my life for the highest and best of all concerned. I've learned that every action, experience, circumstance, situation, or challenge brings with it a blessing. It is up to us to see it, bless it, and then use it for our spiritual growth and well-being.

Remember, no matter where you find yourself this Thanksgiving, you are blessed!

*Blessings,
Rev. Chuck*

Spirituality For Life

November 7th

The Laws of Being

November 14th

The Discovery Channel

November 21st

The Transformed Life

November 28th

Vision Quest

