



September 2012
From the Desk of
Rev. Chuck

Unity Church of Bakersfield
1619 E Street, Bakersfield CA
93301

www.ucob.org

Church: 661-327-8614

Dear Friends,

Jesus, the Master Teacher, gave the world a whole new perspective on what it was like to have a personal relationship with God.

He started off by telling all who had ears to hear that the kingdom of God was right here and right now, within them. Then he went on to teach that it was our Father's good pleasure to give us the kingdom and all we had to do was go to God in prayer. After all, God knows what are needs are before we even ask. He also stated that even though we are blessed as sons and daughters of Most High, we will encounter trials and tribulations but, hey, take heart for I have overcome them and you can too! And then he went on to say that everything I have done and all that I have said, take it to heart, for if you believe it is possible for me then it is possible for you. For the things I have done, you will do also and greater will you do! And above all else remember to let your light shine so others can see the wonder of God working through you as it did me.

The wonder of you, truth of you, the spiritual side of yourself, the image and likeness of God that is a part of you. Why is it that it seems so hard to let it shine? Could it be that we spend so much time looking at the world for the answers to our problems that we have forgotten to go to God first and then to man as directed and taught by Jesus? As the old proverb states: *God helps them you help themselves.*

Here are a few steps that may help you in realizing the wonder of you so that you may have abundantly blessed experiences on a daily basis.

1. Be Proactive – Take responsibility for your life. Never compare yourself with any other person. You may know of someone who does something better, who you are as a person is more important. You are here to find the

wonder of you, who you really are and your skills and accomplishments are tools for helping you learn this.

2. Begin with the end in mind – Define what your mission is and what your goals are. One of the illusions ego uses to demoralize us, that separates us from our Christ spirit and power is the belief that our life is measured in terms of success and failure.

3. Prioritize – Looking at what is most important in you life and then doing it. Life is not about being safe, secure, or successful. Really think about it for a moment. Given the current state of affairs in our country and the world, is there anyone here that feels totally safe, secure, and successful so far this year? Why not?

4. Develop a win-win attitude – we are not victims of fate, we create our reality. But to do this requires two attitudes of mind to be present in our activities. These are the positive sides of faith and trust. Jesus had great faith and trust in the activity of his loving, all providing, “Abba” God.

5. Listen first, speak second – God 1st and man 2nd. When you go to God and connect with your inner power, you can ask: God, show me what beliefs are holding me back, limiting me in knowing and experiencing more of Your presence in my life.

6. Build a team – Jesus had his 12 and then some. Do you believe that you are entitled to enjoy life, to experience and express the wonder of you? Connect with others who are seeking a spiritual life. Stay away from the religious overtones of self-righteousness—Jesus said, “*You that is without sin cast the first stone.*” Getting caught in the laws of self-righteousness puts you back on the trend-mill of self-criticism.

7. Stay awake, alert – awareness is the key to all growth. You have choices to make everyday. Are you going to do the things that will lead to revealing the wonder of you, or are to going to restrict you life based on old patterns of behavior and beliefs? Only you can choose by staying awake, alert to the effects of your choices.