



January 2014
From the Desk of
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Dear Friends,

This newsletter is a wee bit late due to the fact that I was in Florida for New Years visiting my mother, dad, son, grand-daughters, and for the first time in a very long time, all of my brothers and sisters.

Some of us talked about what our New Year resolutions might be this year. This got me thinking, every year millions of people resolve to change something in their lives. The number one resolution is to lose weight, the second is to quit smoking. My family was no different. However, no matter what your resolution may be it will require you to do something, to put action into it. Nothing ever gets done without us having to do our part of making it come into manifestation.

You have within you the gift of imagination. It is through the use of this gift that you can use your mind to create dreams, the kind of dreams that can come true. I have come to realize for me that it is my own belief system made up of cannot's that keep the dreams from coming into full manifestation.

Why would God, our beloved Creator give us such a gift if we could not use it. It is hard for me to believe that an all loving provider would give us the gift of imagination so that we can dream and then not give us a way of bringing the dream into manifestation.

Donald Curtis, in his book, The Christ Based Teachings, wrote, "Whatever challenge, whatever great ideal is before us in life, we need to remember that [God] completes what He appoints for us. Through [God] we have the power, the wisdom, and the desire to fulfill every obligation, make every dream come true."

It has been said that desire is the first step in any journey, first movement in any prayer, it is a dream in the embryo state, a picture of something that could be. It is a gift from God, a kind of work assignment offered to us as His co-creators here on earth.

However, the manifestation or bringing forth

the required result of any resolution or dream requires that we change something. So the question then is, "what is it that we must change?" The answer is and always will be, "Our minds, attitudes, beliefs, behaviors."

St. Paul understood this very important action in the manifestation of all good when he told the Romans, "Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect" (Romans 12:2).

In her book, The Rainbow Connection, Rebecca Clark stated that, "It isn't logical to expect everything to always go according to personal will. You may not yet know all of your divine plan. So dream the dream of spiritual evolution, which is more wonderful than you presently conceive." How can we start to be transformed, how can we bring an awareness of God into everything we do so we see our resolutions through and live our dreams?

We do it through prayer, the activity that allows us to communicate with God, the opportunity to use the power of the spoken word. Then taking time to meditate, a time of quiet and of rest, a time when we allow ourselves to enter into a period of silence so that we can listen to the still small voice of God. And as we rest, to know that our rest is only a moment in time from our ceaseless activities and growth so that God can give us what we need to accomplish what is ours to do.

As you enter your prayer and meditation time try one or more of these affirmations, or make up some of your own:

Through the activity of Spirit within I express a miracle-working faith, a dynamic will of good, a growing understanding, and a deepening inner sense of my divine nature.

Through the activity of Spirit within I express love, wise action, a sparkling joy, a resilient strength, a forgiving attitude, and a vivid sense of aliveness.

Through the activity of the Spirit within I express my divine potential as a child of God. As I express my true nature in all that I do and say I am prospered and blessed in any activity I am a part of.

As you begin this brand new year remember, you are not alone for God is with you 24/7. May it be filled with joy and abundant blessings!