

**May 2014**  
**From the Desk of**  
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Dear Friends,

While having dinner the other night at a local restaurant I overheard a group of friends talking about the possibility of peace in the world. As they took turns discussing what it would take to bring about peace my thoughts went to what Jesus had said, "*In this world you will have trials and tribulations, but be of good cheer I have overcome the world*" (John 16:33).

It seems our history is filled with humanity fighting each other. Then I began to think about all the other life forms we share this earth with and realized that we are the only ones that kill each other over "things."

May is the month in which we honor Mothers, the image of love, nurturing, compassion, the picture of love and peace. Someone once said, "If mothers ruled the world war would cease. No mother wants their sons to die."

So how can we as individuals bring about a change in our lives so that we may experience the kind of love and peace Jesus must have had so that he could bring his message to the Jewish people. After all, he did go on to say in John 14:12 that we can do the things he did.

In order for us to achieve the type of peace that would allow each of us to be "love in action" in the world of trials and tribulations we could use the following pattern to manifest peace in our personal lives first, then to the world.

**1) Attitude of Mind...** is the foundation from which all things spring forth into manifestation and demonstration. It is here the spiritual law of mind action works it wonders. As the old saying goes: "*Attitude is Everything!*" How we "see" things determines the emotional response that will create the action that will produce the cause that will put us on the proverbial treadmill of cause and effect.

**2) Embracing Spiritual Law...** at some point in our lives we must come to the realization that "what we put out into the world will come back." There are no exceptions to the universal rule of cause and effect. It works regardless of who you are, it is no

respector of persons.

**3) We Are All Players...** Everyone has their place, their part to play in this activity, this drama, this adventure called life. When we come to an understanding that everyone is a vital part of the whole we reach the point in consciousness that God has truly given everyone an opportunity to be co-creators with the Creator, then the need to justify competition, jealousy, envy, or any belief that would cause us to believe others can threaten us would end.

**4) Simplify Your Life...** While in ministerial school we were given an opportunity to practice simplicity in our lives for a week. We were asked to make a list of everything we thought we "needed" to be happy and to make our lives better. We were then asked to rate 10 of those items according to their priority in our lives. Once that was done we were now asked to simplify our lives by crossing out 5 of the 10 items and living our lives with just those five items. What would your list be like? If you were told to simplify your life by eliminating all but 5 things, what would they be and why?

**5) Relinquish all Attachments...** What have you attached yourself to? What have you created as your god in your life? Is it to control an outcome, someone else's behavior? Are you in bondage to your job, technology? What is the attachment, or the addiction, you have in wanting to possess that person or thing? As someone once said, "What we give ourselves to, we become."

**6) Purify Your Intent...** If we really understood how powerful we are, how powerful our belief system is as a part of the co-creation process in our life and affairs we would never harbor bitterness or revenge again. Our intent, the reason we do things, will create for us a kingdom of heaven or a living hell.

**7) Practice Forgiveness...** There can be no lasting peace within ourselves, or with others we share this world with without the activity of forgiveness. When we begin to live life with the understanding that we are all connected to each other, that what we want for others is what we tell the universe we want for ourselves, living life with a forgiveness attitude of mind will go a long way in producing the kind of peace making we will need in order to create a lasting peace in our lives and affairs.