

March 2015

From the Desk of Rev. Chuck

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Dear Friends,

March 20th marks the first day of spring. Time to start preparing the gardens and soils around our homes to receive the seed, bulbs, and roots of the plants we want to see nourish us and beautiful our landscapes.

March is also a great time to prepare our spiritual soil, our consciousness, so that we can plant the seeds that will nourish our spiritual essence. We have within our consciousness all the elements that we will ever need to have an abundantly blessed and nourished life.

What I have found counseling people is that the weeds of negativity has choked out many a great idea thus causing them to believe they don't have what it takes to succeed. So I have them answer the following questions:

1. Do you believe that you can experience love and loving relationships?
2. Do you believe that you can experience wholeness and health?
3. Do you believe that you can experience peace of mind, order and harmony?
4. Do you believe that you can experience abundance and prosperity?
5. Do you believe that you have within you the divine pattern for everything you will ever desire?

Then I ask them to tell me what they think this statement from Jesus means to them. "Do not be like them, for your Father knows what you need before you ask him," Matthew 6:8.

Jesus is teaching people how to pray to God and get their needs met. What I love about this statement is Jesus isn't saying pray to me, or pray to my Father. He is saying, YOUR FATHER already knows what you need, desire, and want!

It's our false belief that we are not God's children, and that we need someone or something outside of ourselves to convince God to give us what we need. "NOT TRUE!" YOUR FATHER

knows what you need before you ask. How? Because the desire and ability to be all you can be was placed inside of you when God created your essence. That's how God knows what your needs are.

Many years ago I came across these twelve belief statements used by Unity students to help prepare their consciousness for an abundantly blessed life. I have used them over the years and I pray they help you.

1. Believe in yourself - you are marvelously endowed.
2. Believe in your work - all honest work is sacred.
3. Believe in this day - every minute contains an opportunity to express God's plan for good.
4. Believe in your family - this is done by creating harmony by trust and co-operation.
5. Believe in your neighbor - the more friends you make the happier your life will be.
6. Believe in values - you can never go wrong doing what's right.
7. Believe in your decision - go to headquarters (God) first and then follow the guidance.
8. Believe you are meant to be healthy and prosperous - stop looking for things to always be wrong or waiting for the "other shoe to drop."
9. Believe in the now - yesterday is past recall it, learn from it, and move on; tomorrow is not here yet.
10. Believe in your church - you encourage others to attend by living the principles that are taught and attending yourself.
11. Believe in God's promise you are never alone - "I am with you always." For the Lord of your being resides within you, you dwell in the Christ presence at all times.
12. Believe in God's mercy - if God loves and forgives you with an everlasting love, you can love and forgive yourself. Then try again tomorrow.

Using these statements can prepare your consciousness to bring forth a bounty of beautiful blessings. Happy planting!