

December 2016

From the Desk of Rev. Chuck

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Dear Friends,

With Christmas right around the corner, I thought it would be nice to share with you the Advent prayers that Unity published in 2011. May they be a blessing to you and your loved ones during the Advent season as they have for me.

Faith

Dear God,

You are with me now, and I savor the joy of Your presence. In whatever challenge I face, You are with me. Nothing can come between You and me. Nothing can block the truth of Your love and caring.

Every burden becomes lighter, every day shines brighter, every expectation is higher because I know You are my constant companion.

You never ask that I try to explain, justify or apologize for anything I have done or not done. You ask only that I leave the old, limited ways behind and step out in faith into new and better ways.

Thank You for always being with me, for guiding me, supporting and caring for me. I am safe and secure in Your presence. Amen.

Peace

Dear God,

I know that peace is possible in every circumstance. Through Your spirit, I can love those who seem to be unlovable, understand what looks to be unexplainable and reach the seeming unattainable.

Your spirit expresses through me as peace and love, faith and hope. I recognize that negative thoughts and feelings can stay with me only as long as I give them my attention. I choose to release any negativity and allow Your peace to direct my thoughts and feelings.

Through my oneness with You, possibilities become more than ideas I have merely dreamed

about—they become possibilities. With time and concentration on my part, those possibilities become reality.

Peace glows within me at all times and under all circumstances. Amen.

Love

Dear God,

I open my mind and heart to Your loving, harmonizing spirit. Fill me now to overflowing with love. Let my words and actions be Yours as I express love and harmony wherever I go.

I radiate a friendly spirit to others—a spirit of gentleness, patience and loving-kindness. My words are words of peace. In every situation, I see beyond appearances to Your indwelling presence.

I have unlimited love to share with others. My disposition is sweetened by Your spirit flowing through me. My relationships are harmonized and transformed as Your love finds expression through me. Peace, contentment and happiness are mine.

Thank You, God, for blessing me as I express Your harmony in my life. Amen.

Joy

Dear God,

I live in gratitude. What precious gifts You have given me—the birth of Jesus, who expressed the Christ spirit within himself, and the birth of the same Christ spirit within me. Through these, You have given the greatest gift of all, the gift of Yourself. Through You, I experience true joy, peace, love and fulfillment.

I feel Your radiant life flowing through my body. As I express this oneness, I feel stronger and more vitally alive. Every function of my body works perfectly and reflects divine life, Your gift to me.

God, You are the infinite and eternal source of all being. From You comes everything I need. As I focus on Your divine presence, I see and experience Your goodness.

Thank You, God. Amen.