

**May 2018**  
**From the Desk of Rev. Chuck**

Unity Church of Bakersfield  
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Dear Friends,

As many of you know by now, our beloved church building is in need of major repairs that we are unable to have done. The church, built in 1934, requires a new roof and many upgrades that an older building requires as it ages. To that end, the board is currently looking into listing the property “as is” with a commercial real estate company.

Board member, Tamara Montana has been appointed to be our liaison person to work with negotiations and paper work required to get us to escrow. In the meantime, we will continue to hold worship services and other church activities here at 2001 Truxtun Ave. During this time, we are also affirming that the right and the perfect buyer we are seeking, is now seeking us.

Now to, as they say, “address the elephant in the room.” And just what is the elephant? It’s called “letting go.” I have been the longest serving minister at this church since it was purchased in the mid 1960's. I began my service on October 1, 1993 and have watched people come and go, families grow, and been a part of something bigger than myself for almost 25 years. To say I have “history” here is an understatement. The memories I have are very near and dear to my heart.

Recently I have been told by many of the members that it is sad that we have to do this, but it is also understandable. Yes, it is. And yet, the letting go of what has been a part of me for almost a quarter century is anything but easy. So, I have been asking the question, “Is letting go of something, anything that is so much a part of you, really easy to do?” The answer of course is, “No, but it can be done.”

No human is immune from the process of letting go while dealing with the issues life throws at us through the losses, situations, and circumstances that change brings to us. So what

do we do when faced with changes that require us to let go so that we can move forward?

Well, as I walk through the church and on the grounds I bless the memories that come to mind and remind myself that they will always be with me, no matter what. And that the future, like all my futures before will create new memories. I have lost nothing, and gain even more. So the first step in the process of letting go is to bless what you do have, and trust more blessings are in store.

The second step is about trusting God is in the process. Trusting that the right and perfect outcome will be for the highest and best of all concerned. It may not seem like it at first, but trusting it is “your Father’s good pleasure to give you the kingdom” can help create a positive frame of mind so that you can move forward.

Here are some affirmations that can help anyone in the process of letting go:

*I acknowledge God as my greatest blessing, the originator of all that blesses me.*

*I trust in God to be my constant source of happiness, peace, joy, inspiration, and love.*

*I am open to knowing and experiencing God’s will in my life. I trust God to guide my thoughts and choices each day.*

*God is my source for all that enriches me and my life. I live each day in celebration of God’s wonder.*

*God in me is greater than my fears. I trust in the all protecting, guiding presence of spirit, and I am safe and at peace.*

*I place my trust in God that divine order is at work in my life and affairs for the right and perfect outcome for all concerned, and I meet each day with faith.*

May one or more of these affirmations be a blessing to you or a loved one. They are for me.